

Friendships

Older people and those with disabilities have much to offer in terms of experience, knowledge and skills. This program is an opportunity to form a two-way friendship which can be mutually beneficial.

What Volunteers Say About Do Care

"Anybody can do it as long as you can talk and listen to someone else"

"We have a good old talk together"

"She has such a wealth of information about Stawell. I am more than happy to listen."

"It is a two way relationship; we swap recipes and craft ideas. It is nice to get something back for what you do."

Contact Details

Volunteer Coordinator

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home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

Do Care Stawell



Providing Friendships

What Is Do Care?

Do Care is a Friendly Visiting Program which establishes friendships between older people aged 65 and older, or people with disabilities. Do Care assists individuals to become involved with and remain in the community.



Who Are The Volunteers?

Do Care volunteers are people of all ages with a positive attitude to life.

What Is Involved?

Volunteers contribute a social hour or two a week with people who are supported through our service.

What Can A Volunteer Do?

Volunteers share social, leisure and recreation based activities such as:

- Conversation
- Local outings
- Accompanying the person to a group or activity

It all depends on mutual interests and how much time both people have available.

How Are Volunteers Supported?

- All prospective volunteers participate in an orientation and initial training program.
- Volunteers receive ongoing education, skill development and enhancement.
- Volunteers receive support and supervision.



How Does Do Care Work?

The Do Care co-ordinator receives referrals of older people who would like social support from other health services, churches, neighbours or older people themselves who would enjoy having a new friend.

These individuals are then matched with a volunteer visitor who visits them on a regular basis.

They both choose a mutually convenient time for the visit, while forming a valuable friendship.

The co-ordinator maintains contact with both people, to ensure that the friendship is progressing well.

